



MYSTIC DRUMZ

presents

BUCKET DRUMMING

Rhythm is at the core of all music.

No matter what the genre or instrument, rhythm is what gives the notes life and direction. Drumming is an ancient practice that communities have used for thousands of years as a creative outlet, social activity, and healing modality.

Why bucket drums?

Bucket drums are a great introduction to rhythm and percussion, and participants as young as 6-years-old can start learning basic beats. Many new musical skills can be learned through bucket drumming including learning new rhythms, learning to improvise alone and with small group and learning to drum and sing at the same time!